

Monday 9/23	Tuesday	Wednesday	Thursday	Friday
<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.3.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define mental disorders; describe common symptoms of mental disorders; explain what to do if someone is experiencing symptoms of a mental disorder..</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.3.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to compare the terms stress and stressor; describe different types of stressors; identify the hormone released when stress is identified; explain how stress can make you physically sick..</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.3.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define resiliency and prioritize; describe how a positive attitude can change your response to stress; explain how to effectively manage time.</p> <p>Assignment In class—Notes & discussion; time management project Take home & return—None; work not completed in class</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.3.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to describe the grief process; define funeral; explain the difference between a wake and a memorial service; describe how to help someone deal with a loss.</p> <p>Assignment In class—Notes & discussion; GREAT decisions- Nate Take home & return—Work not completed in class</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.3.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will demonstrate mastery of recent class content through written responses on worksheets..</p> <p>Assignment In class—Review packets Take home & return—Work not completed in class</p> <p>Upcoming event None</p>
<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized physical</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized</p>

<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities. <u>Upcoming event</u> None</p>		<p>activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities. <u>Upcoming event</u> None</p>		<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities. <u>Upcoming event</u> None</p>
<p>PE-8 Standards 10.4.9.A—analyze and engage in physical activities that are developmental/individually</p>	<p>PE-8 Standards 10.4.9.A—analyze and engage in physical activities that are developmental/individually</p>	<p>PE-8 Standards 10.4.9.A—analyze and engage in physical activities that are developmental/individually</p>	<p>PE-8 Standards 10.4.9.A—analyze and engage in physical activities that are developmental/individually</p>	<p>PE-8 Standards 10.4.9.A—analyze and engage in physical activities that are developmental/individually</p>

<p>appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p><u>Objectives/Assignment</u> Students will engage Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p>	<p>appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p><u>Objectives/Assignment</u> Students will engage Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p>	<p>appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p><u>Objectives/Assignment</u> Students will engage Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p>	<p>appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p><u>Objectives/Assignment</u> Students will engage Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p>	<p>appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p><u>Objectives/Assignment</u> Students will engage Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p>
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